



Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/7	9/8	9/9	9/10	9/11
		<p>AM: 1 Breakfast Bar w/ 1/2 an Orange + 1C Water</p> <p>PM: 1/2 c GoldFish w/ Fruit + 1C Water</p>	<p>AM: 1C Cereal w/ 1/2C Milk</p> <p>PM: 1 Fruit roll up w/ Meridian Mix and 1/2C Veggies 1C Lemonade</p>	<p>AM: 1/2 Yogurt w/ 1/2C Fruit + 1C Water</p> <p>PM: Popcorn + 1/2C Fruit+ 1C Water</p>
9/14	9/15	9/16	9/17	9/18
<p>AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water</p> <p>PM: 1/2 C Pretzel w/ 1/2 Carrots + 1C Water</p>	<p>AM: 1 Breakfast Bar w/ 1/2C Applesauce +1C Water</p> <p>PM: 4 Crackers 1/2 Berries and + 1C Juice</p>	<p>AM: 1/2C Oatmeal w/ 1/2C Fruit + 1C Milk</p> <p>PM: Fruit Bar 1/2 C Carrots 1 C Water</p>	<p>AM: Bagel w/ Cream Cheese 1/2C Fruit</p> <p>PM: 2 Wedge Pita w/ 1/2C Olives w/ Hummus + 1C Water</p>	<p>AM: 1/2C Cereal W/ 1/2C Milk</p> <p>PM: 4 Potatoes and tbsp. Cheese w/ 1/2C Fruit + 1C Water</p>

*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45

