



The Meridian School      Extended Day 2015      Fall Quarter Enrichment Classes

Once again it is time for creativity, learning, and fun after school with Extended Day Enrichment Classes. Registrations at the on-line Extended Day Enrichment Class page on the school website at <http://meridianschool.campbrainregistration.com>. Registration will begin September 9<sup>th</sup>. Enrichment registrations will end on Monday September 21<sup>st</sup>. Fall Play registration ends September 25<sup>th</sup>. Check out the descriptions below.

If you have further questions contact Sandra Shore Extended Day Program Supervisor at [sshore@meridianschool.edu](mailto:sshore@meridianschool.edu), or call at 206-632-7154

## Mondays

### **Piano Lessons w/Music Lessons on Wheels 3:15- 5:45 K-5<sup>th</sup> Grade \$180**

A fun and educational piano class with a style of instruction where students will learn to play, read music, and compose their own short pieces! Our unique "twinned" (1teacher with 2 students, each with their own instrument and headphones) lessons format allows students to learn with their friends and peers, but at their own pace. Lessons are 30 minutes in length. Lesson times are assigned based on student age and experience. Please send any requests for specific lesson times directly to us at

[MusicLessonsOnWheels@gmail.com](mailto:MusicLessonsOnWheels@gmail.com). We will do our best to accommodate all requests.

**Class dates: 9/28-11/16.**

### **Machine Sewing w/ Little Hands Creations 3:30- 5:00 1<sup>st</sup>-5<sup>th</sup> Grade \$173**

Once a week, students are invited to learn a skill they will use for a lifetime... sewing! No experience necessary for boys and girls to learn the basics and beyond. Beginning students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. Student will advance at their own pace to more exciting and challenging projects throughout the session. Projects, which are constantly rotating during the quarter, include slippers and phone cases, clothing, accessories, bags, games,

stuffed animal and more!**1<sup>st</sup> - 5<sup>th</sup> grades Class dates: 9/28-11/16 .**



**Fall Play “The Sun , the Moon, and the Chinese Dragon” 3:15- 5:00 3<sup>rd</sup> -5<sup>th</sup> Grade \$240**

We have chosen some fun, active, and lovely Chinese folktales. The first is “Lady Moon and the Thief,” and the other is “Plum Blossom and the Dragon.” **3<sup>rd</sup>-5<sup>th</sup> grade. Mondays and Wednesdays Starting October 12th.**

**Tuesdays** \_\_\_\_\_

**Tennis 3:30– 4:30 p.m. K-5<sup>th</sup> Grade \$150**

TGA Premier Youth Tennis is bringing the tennis court to Meridian! TGA, in national partnership with the United States Tennis Association, co-designed a tennis enrichment program that focuses on athletic, academic and character development for children. In addition to professional tennis instruction, your child will take part in a combination of physical fitness for health benefits and academics such as math, science, language and social studies for educational development. TGA’s mission is to empower our students with the tools to be successful on the tennis court and in life. **K-5 grade. Class dates: 9/29th-11/17.**

**Hip Hop Dance 3:30– 4:30 p.m. 3-5<sup>th</sup> Grade \$140**

Students will explore various styles of jazz dance including: traditional, funk, musical theatre, hip hop, lyrical and improvisation. This class is designed to be accessible, regardless of experience and will teach FUN, coordination, rhythm, strength, flexibility, balance & much more. Missy Ponder- Reston, Meridian parent, has been teaching & choreographing over 20 years. She has worked in colleges, independent private schools, dance studios, and performing arts public schools. Her curriculum is designed for exploration thru professional and her choreography is nationally recognized. **3-5<sup>th</sup> grade. Class dates: 9/29th-11/17.**

**World Dance 3:30– 4:30 p.m. K-2<sup>nd</sup> Grade \$125**

World Dance broadens children's awareness of their global community. In class children experience a variety of music and dance styles that may include traditional Guinean (African), Hip Hop, Irish Step, Brazilian, Hawaiian Hula, Armenian & Greek Folk, Bollywood, Salsa and more. Elements of Creative Dance and Movement are combined with cultural dances in each class. Through developing and strengthening movement skills children build a foundation for their own expression of dance. Stories, books, photos, videos, songs, instruments and dress-up related to the cultural dances being studied are often a part of the children's cultural experience. In addition, World Dance gives back a percentage of profits to Guinea Kids Education Fund to support school children in West Africa. For more information please visit [worlddancewithmarissa.weebly.com](http://worlddancewithmarissa.weebly.com). **K-2<sup>nd</sup> grade. Class dates: 9/29th-11/17.**

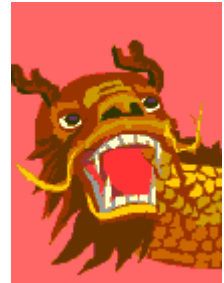


## Wednesdays

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**Mandarin Chinese**                      **3:30 -4:30 p.m.**                      **K-5<sup>th</sup> Grade**                      **\$185**

In these 8 classes, we will use 'My First Chinese Words' curriculum. The students will receive a new customized handbook and CD. We will focus on basic Chinese sentence patterns and useful dialogue. Children will learn to write the strokes of Chinese characters, and basic simplified Chinese words. The customized handbook features a wide range of knowledge, interesting topics, and a step-by-step teaching and learning experience. Teacher Long comes with a wealth of teaching experience. He has taught Chinese to native Chinese speakers and American kids for many years. He is one of several excellent Chinese teachers at Golden East Mandarin Studio. **K-5<sup>th</sup> grade. Class dates: 9/30- 11/18.**



**Fall Play "The Sun , the Moon, and the Chinese Dragon"**    **3:15- 5:00**    **3<sup>rd</sup>-**  
**5<sup>th</sup> Grade**                      **\$240**

We have chosen some fun, active, and lovely Chinese folktales. The first is "Lady Moon and the Thief," and the other is "Plum Blossom and the Dragon." **3<sup>rd</sup>-5<sup>th</sup> grade.** Mondays and Wednesdays Starting **October 12th.**

## Thursdays

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**Fiber Arts and Crafts w/ Little Hands Creations**    **3:30 – 5:00 p.m.**    **1<sup>st</sup>-5<sup>th</sup> Grade**                      **\$ 173**

Expand your imagination and let's create some art! Students will learn the basic techniques and make fun new creations! From wearable art, like jewelry, masks and crowns, to home-made stamps, puppets, pop-up books, weaving, hand sewing, knitting , and papier-mâché! This class is designed to teach children with both beginning and advanced skills, and we have new projects every quarter! All supplies included, let's get creative! **1<sup>st</sup> – 5<sup>th</sup> grades. Class 10/1- 11/19.**

**Indoor Soccer**                      **3:30 -4:30 p.m.**                      **K-2<sup>nd</sup> Grade**                      **\$140**

There is always more time for indoor soccer fun! Learn soccer strategy, develop skills, strengthen cooperation and teamwork and PLAY! All levels welcome. **K-2<sup>nd</sup> grade. Class dates: 10/1- 11/19**

**Chess Club w/ Chess Star**                      **3:30 – 4:30p.m.**                      **1<sup>st</sup>-5<sup>th</sup> Grade**                      **\$120**

Students will play chess games, solve chess puzzles, learn chess strategies, and get all the tools to be ahead in the chess game. While playing chess kids learn multitasking skills, improve concentration and pattern recognition. Studies have shown that playing chess regularly improves grades in math related disciplines for young kids. Each class will have



time to play games for practice, solve chess puzzles, and instructor will have a chess lesson for 15 minutes. We will have homework available on [www.chessplayer.com](http://www.chessplayer.com) for interested students. Curriculum created by Elena Donaldson (3x US Women's Chess Champion). **1-5th grade. Class dates: 10/1- 11/19**

***Don't Delay- Sign up Today!! Enrichment Class registration begins September 9<sup>th</sup> and ends on September 21<sup>st</sup>. Fall Play registration ends September 25<sup>th</sup>. Please register and make payment at <http://meridianschool.campbrainregistration.com>.***

**Please remember- All students are invited to participate in the Enrichment classes. Your child(ren) must be enrolled in Extended Day AND sign up with full payment to participate in all Enrichment Classes.**

**Contact Sandra Shore at [sshore@meridianschool.edu](mailto:sshore@meridianschool.edu) or call at 206-632-7154 for more information about Extended Day and Enrichment Classes. Please remember to always sign out your child(ren) when you pick them up from Extended Day.**