

The Meridian School Extended Day 2014 Fall Quarter Enrichment Classes

Once again it is time for creativity, learning, and fun after school with Extended Day Enrichment Classes. Registrations at the on-line Extended Day Enrichment Class page on the school website at www.meridianschool.edu. Registration will begin September 5th. All registrations will end on Monday September 22nd. Check out the descriptions below. If you have further questions contact Doug Coppinger, Director of Extended Day and Summer Programs at 206.632.7154x308.

Mondays _____

**Piano Lessons w/Music Lessons on Wheels 3:00– 5:30 p.m \$235=new students
\$225=returning students**

15 minute lessons, 3:00 – 5:30

15 minute lessons are taught in pairs. Learn basic music theory. Each lesson is tailored to individual needs. Students learn sight-reading, rhythm, and ear training. *Children will be assigned a lesson slot.*

Plus, if they stick with it, duets!

Class dates: 9/29-12/8. (no class on 11/10)

Arts and Crafts w/ Little Hands Creations 3:30- 4:30 \$150

Students will learn new techniques in creating several different types of jewelry. The class will work with wire, seed beads and glass beads, as well as learning to make their own beads out of different materials. Then, students will string their beads, making their own creations, which include necklaces, bracelets, and earrings. The class will also learn how to create jewelry out of string and twine, making friendship bracelets and macrame. Run by Chelsea Blum, owner of Little Hands Creations. **1st – 5th grades**

Class dates: 9/29-11/24 . (no class on 11/10)

Tuesdays _____

Golf 3:30– 4:30 p.m. \$150

TGA Premier Junior Golf brings the golf course to Meridian! Our national, award winning, 5 level program is specially designed for children and builds upon the educational concepts they are learning in the class room. Fun comes first in every TGA class, but our curriculum also focuses on instilling self confidence and life values through professional golf instruction. Students learn the fundamentals, etiquette and rules of the game. Best of all, we provide all the equipment and training materials so children of all skill levels have the chance to come out and tee it up with TGA! **K– 5th grade Class dates: 9/30-11/18**

Wednesdays _____

World Dance 3:30 -4:30 p.m. \$125

World Dance broadens children's awareness of their global community. In class children experience a variety of music and dance styles that may include traditional Guinean (African), Hip Hop, Irish Step, Brazilian, Hawaiian Hula, Armenian & Greek Folk, Bollywood, Cuban Salsa, American Indian and more. Elements of Creative Dance and Movement are combined with cultural dances in each class. Through developing and strengthening movement skills children build a foundation for their own expression of dance. Stories, books, photos, videos, songs, instruments and dress-up related to the cultural dances being studied are often a part of the children's cultural experience. In addition, World Dance gives back a percentage of profits to Guinea Kids Education Fund to support school children in West Africa. **Class dates: 10/1-11/19 K-2 grades**



Thursdays



Machine Sewing for Everyone w/ Little Hands Creations 3:30 – 5:00 p.m. \$ 150

Looking for ways to make fun gifts and create cool crafts? Got a Build-a-Bear that needs a new outfit? Why not make it yourself with a machine sewing? Students will learn how to use a sewing machine. No previous experience needed. 1st – 5th grades. **Class 10/2- 11/20**

Hip Hop Dance 3:30 -4:30 p.m. \$120

Students will explore various styles of jazz dance including: traditional, funk, musical theatre, hip hop, lyrical and improvisation. This class is designed to be accessible, regardless of experience and will teach FUN, coordination, rhythm, strength, flexibility, balance & much more. Missy Ponder- Reston, Meridian parent, has been teaching & choreographing over 20 years. She has worked in colleges, independent private schools, dance studios, and performing arts public schools. Her curriculum is designed for exploration thru professional and her choreography is nationally recognized. **3rd – 5th grades Class dates: 10/2- 11/20**



Chess Club w/ Chess Star 3:30 – 4:30p.m. \$120

Join Meridian Chess Club and learn and master tactics and strategies of chess! Orlov Chess Academy has been offering after-school chess programs in Seattle area for more than 10 years.

Benjamin Franklin once said: “The game of Chess is not merely an idle amusement; several very valuable qualities of the mind, useful in the course of human life, are to be acquired and strengthened by it...”

Chess helps children built critical thinking skills and helps learning focus and plan.

Each class will include lesson presentation, chess puzzle-solving time and game playing time. Orlov Chess Academy will provide student workbooks, chess sets and boards and other materials.

All you need to be is eager to play and learn! Both beginner and intermediate players are welcome! **All ages. Class dates: 10/2- 11/20**



Fridays

Tennis 3:30-4:30 p.m. \$150

TGA Premier Youth Tennis is bringing the tennis court back to Meridian! TGA, in national partnership with the United States Tennis Association, co-designed a tennis enrichment program that focuses on athletic, academic and character development for children. The TGA curriculum uses tennis equipment that is modified to be size appropriate and safe, so we can turn the school gym into a tennis court. In addition to professional tennis instruction, your child will take part in a combination of physical fitness for health benefits and academics such as math, science, language and social studies for educational development. Every class focuses on social interaction, developing positive character traits and most importantly having fun! TGA’s mission is to empower our students with the tools to be successful on the tennis court and in life.

K-5 grade Class dates: 10/3- 12/12 (no class 10/10 or 11/7 or 11/28)



Don't Delay- Sign up Today!! Enrichment Class registration begins September 5th and ends on September 22nd. Please register and make payment on the school website www.meridianschool.edu . Please remember- All students are invited to participate in the Enrichment classes. Your child(ren) must be enrolled in Extended Day AND sign up with full payment to participate in all Enrichment Classes.

Contact Doug Coppinger at 632-7154x308 for more information about Extended Day and Enrichment Classes. Please remember to always sign out your child(ren) when you pick them up from Extended Day.