

Extended Day Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
11/7	11/8	11/9	11/10	11/11
AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water PM: Graham Crackers w/ Jam + Veggies + 1C Water	AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water PM: Pumpkin Spice Bread w/ Butter + Veggies + 1C Water	AM: Graham Crackers + ½ C Fruit PM: ½C Cheese Crackers + Yogurt + 1C Water	AM: 1C Cereal w/ ½C Milk PM: From Oceania: Veggie Spring Rolls + Grapes + 1C Water	AM: 1 English Muffin w/ Jam + 1C Water PM: 1 Cheese Toast w/ Tomato Soup + ½C Fruit+ 1C Water
11/14	11/15	11/16	11/17	11/18
AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water PM: Graham Crackers w/ Jam + Veggies + 1C Water	AM: 1 Breakfast Bar w/ ½C Applesauce +1C Water PM: Tofu Tetrazzini + ½C Fruit + 1C Water	AM: ½C Oatmeal w/ ½C Fruit + 1C Milk PM: ½ C Veggie Soup w/ Crackers + Fruit + Water	AM: ½C Gogurt w/ ½C Fruit PM: From New Zealand: Thai Style Chicken + Veggies + 1C Water	AM: ½C Cereal W/ ½C Milk PM: Waffles w/ Cinnamon Apple Topping + ½C Veggies + 1C Water



*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45