

Extended Day Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
9/12	9/13	9/14	9/15	9/16
AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water PM: ½ c Tortilla Chips w/ Beans + 1C Water	AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water PM: Cheesy Potatoes w/ ketchup + Fruit + 1C Water	AM: Graham Crackers + ½ C Fruit PM: Graham Crackers w/ Jam + Veggies + 1C Water	AM: 1C Cereal w/ ½C Milk PM: ½ C Tomato Soup w/ Toast + Carrots+ 1C Water	AM: 1 English Muffin w/ Jam + 1C Water PM: ½C Ramen Noodles w/ Sauce + ½C Fruit+ 1C Water
9/20	9/21	9/22	9/23	9/24
AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water PM: ½ C Popcorn w/ Cinnamon + 1C Veggies+ Water	AM: 1 Breakfast Bar w/ ½C Applesauce +1C Water PM: ½ Ham and Cream Cheese Wrap w/ ½C Veggies + 1C Water	AM: ½C Oatmeal w/ ½C Fruit + 1C Milk PM: ½ C Crackers + Cheese + Fruit + Water	AM: ½C Gogurt w/ ½C Fruit PM: 1 Slice of Toast w/ tbsp. Jam and 1 String Cheese + 1C Juice	AM: ½C Cereal W/ ½C Milk PM: ½C Meridian Mix ½C Fruit + 1C Water



*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45