

# Extended Day Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2/27	2/28	3/1	3/2	3/3
<b>AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water</b> <b>PM: Crackers+ String Cheese+ 1C Water</b>	<b>AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water</b> <b>PM: ½ c Rice with Ramen +1/2 cup veggies+ 1C Water</b>	<b>AM: Graham Crackers + ½ C Apple Sauce</b> <b>PM: Gram Crackers+1/2 cup apple sauce 1C Water</b>	<b>AM: 1C Cereal w/ ½C Milk</b> <b>PM: From New Zealand Scones + ½ c Fruit +1C Water</b>	<b>AM: 1 English Muffin w/ Jam + 1C Water</b> <b>PM: Pretzels+ ½ cup fruit+1C Water:</b>
3/6	3/7	3/8	3/9	3/10
<b>AM: 1 Breakfast Bar w/ ½ Applesauce +1C Water</b> <b>PM: Yogurt and Fruit Parfait + 1C Water</b>	<b>AM: 1 Breakfast Bar w/ ½ Applesauce +1C Water</b> <b>PM: ½ cup chicken noodle soup+ ½ fruit+ 1C Water</b>	<b>AM: ½C Oatmeal w/ ½C Fruit + 1C Milk</b> <b>PM: Cheesy toast + ½ cup fruit+ 1C Water</b>	<b>AM: ½C Gogurt w/ ½C Fruit</b> <b>PM: Alaisa fa'apopo - Samoan-style coconut rice + ½ c Fruit +1C Water</b>	<b>AM: ½C Cereal W/ ½C Milk</b> <b>PM: Chips+ ¼ c Salsa+ ½ c Carrots 1 C water</b>

\*\*\* Meals are subject to change without notice\*\*\* \*\*Vegan option available upon request\*\*

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45

