



# Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/18</b>	<b>4/19</b>	<b>4/20</b>	<b>4/21</b>	<b>4/22</b>
<b>AM: ½ C Yogurt ½ w/ C Berries + 1C Water</b> <b>PM: ½C Popcorn + 1 Fruit snack + ½C Apples + 1C Water</b>	<b>AM: ½C Oatmeal w/ Fruit + 1C milk</b> <b>PM: ½C Tortilla Chips w/ Salsa + ½C Watermelon + 1C Water</b>	<b>AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water</b> <b>PM: ½C Meridian Cereal Mix + Veggies + 1C Water</b>	<b>AM: 1C Cereal w/ ½C Milk</b> <b>PM: 2 Teriyaki Meat Balls + ½C Pears + Tea</b>	<b>AM: 1 Waffle w/ Jam + Fruit + 1C Water</b> <b>PM: ½C Pasta w/ Marinara Sauce + ½C Fruit + 1C Water</b>
<b>4/25</b>	<b>4/26</b>	<b>4/27</b>	<b>4/28</b>	<b>4/29</b>
<b>AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water</b> <b>PM: ½ Mini Bagel w/ ½ Carrots + 1C Water</b>	<b>AM: 1 Breakfast Bar w/ ½C Apples + 1C Water</b> <b>PM: ½ C Pita Chips w/ Hummus + Applesauce + 1C Water</b>	<b>AM: ½C Oatmeal w/ ½C Fruit + 1C Milk</b> <b>PM: ½ C Pretzels w/ cheese ½ C Carrots + 1 C Water</b>	<b>AM: Bagel w/ Cream Cheese ½C Fruit</b> <b>PM: 1 Piece Naan Bread + ½C Mandarins + 1C Water</b>	<b>AM: ½C Cereal W/ ½C Milk</b> <b>PM: ½C Tatar Tots w/ Ketchup + ½C Fruit + 1C Water</b>

\*\*\* Meals are subject to change without notice\*\*\* \*\*Vegan option available upon request\*\*

**AM Snack Served at 7:45 PM Snack Served at 3:00-3:45**

