



Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11/30	12/1	12/2	12/3	12/4
AM: ½ C Yogurt ½ w/ C Berries + 1C Water PM: 1C Popcorn + Fruit Leather + ½C Carrots + 1C Water	AM: ½C Oatmeal w/ Fruit + 1C milk PM: ½C Chicken Noodle Soup + ½C Fruit + 1C Water	AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water PM: ½ C Prezels + ½C Fruit + 1C Water	AM: 1C Cereal w/ ½C Milk PM: 1C Veggie Fried Rice + ½C Pears + 1C Water	AM: 1 Waffle w/ Jam ½C Fruit + 1C Water PM: ½C Meridian Mix + ½C Veggies + 1C Water
12/7	12/8	12/9	12/10	12/11
AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water PM: ½ Crackers w/ Cheese ½ Carrots + 1C Water	AM: 1 Breakfast Bar w/ ½C Apples +1C Water PM: Meatballs + Mandarins + 1C Water	AM: ½C Oatmeal w/ ½C Fruit +1C Milk PM: 1 Turkey and Cheese Tortilla Roll + ½C Fruit + 1C Water	AM: Bagel w/ Cream Cheese + ½C Fruit PM: Soba Noodles w/ Dipping Sauce + Veggies + 1C Warm Tea	AM: ½C Cereal w/ ½C Milk PM: Crescent Roll w/ Jam + ½C Veggies + 1C Water

*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45

