



# Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/22	2/23	2/24	2/25	2/26
<b>AM: ½ C Yogurt ½ w/ C Berries + 1C Water</b> <b>PM: ½C Popcorn + ½C Veggies + 1C Water</b>	<b>AM: ½C Oatmeal w/ Fruit + 1C milk</b> <b>PM: 1 Fish Stick w/Ketchup + Fruit + 1C Water</b>	<b>AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water</b> <b>PM: ½ Frozen Gogurt + ½C Pretzels + 1C Water</b>	<b>AM: 1C Cereal w/ ½C Milk</b> <b>PM: ½C Yakisoba + ½C Mandarins + 1C Water</b>	<b>AM: 1 Waffle w/ Jam ½C Fruit + 1C Water</b> <b>PM: ½C Meridian Mix + ½C Veggies + 1C Water</b>
2/29	3/1	3/2	3/3	3/4
<b>AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water</b> <b>PM: Waffles w/Jam + 1C Veggies+ 1C Water</b>	<b>AM: 1 Breakfast Bar w/ ½C Apples +1C Water</b> <b>PM: ½C Fruit Salad+ 4 Crackers+ 1C Water</b>	<b>AM: ½C Oatmeal w/ ½C Fruit +1C Milk</b> <b>PM: 1C Fruit + ½C Yogurt + 1C Water</b>	<b>AM: Bagel w/ Cream Cheese + ½C Fruit</b> <b>PM: 1 Samosa + Fruit + 1C Warm Tea</b>	<b>AM: ½C Cereal w/ ½C Milk</b> <b>PM: Cheese Nachos w/ Salsa + ½C Veggies + 1C Water</b>

\*\*\* Meals are subject to change without notice\*\*\* \*\*Vegan option available upon request\*\*

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45

