



Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3/7	3/8	3/9	3/10	3/11
AM: ½ C Yogurt ½ w/ C Berries + 1C Water PM: 2 Graham Crackers + ½C Veggies + 1C Water	AM: ½C Oatmeal w/ Fruit + 1C milk PM: 2 Quesadilla Wedges w/Salsa + Fruit + 1C Water	AM: 1 Breakfast Bar w/ ½ an Orange + 1C Water PM: 3 Lil' Smokeys + ¼C Pretzels + ½C Fruit + 1C Water	AM: 1C Cereal w/ ½C Milk PM: 2 Pot Stickers + ½C Mandarins + 1C Water	AM: 1 Waffle w/ Jam ½C Fruit + 1C Water PM: ½C Veggie Chili + ½C Tortilla Chips + 1C Water
3/14	3/15	3/16	3/17	3/18
AM: 1 Slice of Toast w/ tbsp. Jam + 1C Water PM: English Muffin Pizza + 1C Veggies+ 1C Water	AM: 1 Breakfast Bar w/ ½C Apples +1C Water PM: 4 Crackers+ Cheese + 1C Water	AM: ½C Oatmeal w/ ½C Fruit +1C Milk PM: 1C Meridian Mix + Fruit + 1C Water	AM: Bagel w/ Cream Cheese + ½C Fruit PM: ½ C Veggie Fried Rice + Fruit + 1C Warm Tea	AM: ½C Cereal w/ ½C Milk PM: Tortilla Chips w/ Salsa + ½C Veggies + 1C Water

*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45

