



Extended Day Café



Snack Menu February 16th – 27th

		AM Snack	PM Snack			AM Snack	PM Snack
MONDAY	16	PRESIDENT'S DAY	SCHOOL & EXTENDED CLOSED	23	1/2 cream cheese/strawberry sandwich 1/2 c milk	<i>1/2 c Mizeria</i> <i>(Polish cucumber salad)</i> <i>1/2 buttered toast</i> <i>1c water</i>	
TUESDAY	17 <i>Jr-Service Day</i>	<i>1/2 frozen gogurt</i> <i>1c water</i>	<i>1 pickle</i> <i>7 wheat thins crackers</i> <i>1/2 c milk</i>	24	<i>1 cereal bar</i> <i>1/2 c milk</i>	<i>2 Pierogis</i> <i>(Polish dumplings)</i> <i>w/ sour cream</i> <i>1c water</i>	
WEDNESDAY	18	1/2 c cereal 1/2 c milk	<i>1/2 c popcorn w/ parmesan</i> <i>1/2 mandarin orange</i> <i>1c water</i>	25	1/2 c Whole Grain Trail Mix 1/2 c milk	<i>1/2 c Meridian Trail Mix</i> <i>1 cheese stick</i> <i>1/2 c grape juice</i>	
THURSDAY	19	1/2 cream cheese/strawberry sandwich 1/2 c milk	<i>1/2 c corn chips w/salsa</i> <i>3/4 c seasonal fruit</i> <i>1 c water</i>	26	<i>1/2 cup cereal mix</i> <i>3/4 cup seasonal fruit</i> <i>1/2 c milk</i>	<i>1 Potato pancake</i> <i>3/4 fresh fruit</i> <i>1c water</i>	
FRIDAY	20	2 chocolate-banana grahams 1/2 c milk	<i>1/2 c steamed potatoes w/mixed roasted veggies</i> <i>1/2 c apple juice</i>	27	1/2 c Fruit Smoothie 3 graham crackers	<i>1/2 Kielbasa w/sauerkraut</i> <i>3 slices peaches</i> <i>1c water</i>	

Meals are subject to change without notice

WW=whole wheat

AM Snack served at 7:45

PM Snack served 3:00-3:45

**Vegan and gluten-free option available upon request