



THE MERIDIAN SCHOOL EXTENDED DAY 2015 WINTER QUARTER ENRICHMENT CLASSES

Once again it is time for creativity, learning, and fun after school with Extended Day Enrichment Classes. Please note: all registrations must go through the on-line Extended Day Enrichment Class page on the school website at www.meridianschool.edu. Registration will begin Monday, November 24th and will end on Tuesday, January 20th. Check out the descriptions below. If you have further questions contact Doug Coppinger, Director of Extended Day and Summer Programs at 206.632.7154x308.

Mondays

Piano Lessons w/Music Lessons on Wheels

\$167.50=new students/ 7 lessons
 \$157.50=returning students/ 7 lessons
 15 minute lessons, 3:45 – 5:45



15 minute lessons are taught in pairs. Learn basic music theory. Each lesson is tailored to individual needs. Students learn sight-reading, rhythm, and ear training. *Children will be assigned a lesson slot.* Plus, if they stick with it, duets!

Class dates: 1/26th – 3/30th (no class Feb. 16, March 16)

Indoor Soccer w/ Regis

k – 2nd grade

3:30 – 4:30 p.m.

\$120



There is always more time for indoor soccer fun! Learn soccer strategy, develop skills, strengthen cooperation and teamwork and PLAY! All levels welcome. Seven classes.

Class dates: 1/26th – 3/30th (no class Feb. 16, March 16)

Spring Ultimate

3rd - 5th grades

3:30-4:45

\$130

Be a part of the first Meridian Ultimate team for the DiscNW Youth Spring League. Practices will be Monday and Wednesdays beginning February 23. Games begin in mid- March through May 16th on the weekends.

Tuesdays

Winter Play- Pirates of Penzance

3rd – 5th grades

3:30- 5:00 p.m.

\$230

Before Johnny Depp sailed across the Caribbean, a band of swashbuckling pirates created hijinks on the high seas. Gilbert and Sullivan's hysterical comic opera explodes on stage with damsels in distress, a Pirate King, a dotty Major-General and music for the Pirate in all of us! Songs include: "I am the Pirate King", "Poor Wandering One", "Modern Major General" and so many more.

Yo ho, ye landlubbers! A Pirates life for me! **Class dates: 1/27th – 3/5th (performances 3/4th & 3/5th)**
No class 2/17.

Wednesdays

Spring Ultimate

3rd - 5th grades

3:30-4:45

See description above

Archery class w/ Regis

3:30 p.m. – 4:30 p.m 3rd – 5th grades

\$150

The class is design to teach international style target archery. The class will cover safety, proper shooting techniques, mental concentration, self-improvement and body core physical strengthening. The Archery Equipment used in the class is highly standardized to be safe, durable, and most importantly, universally fit for every student. The students will also learn how to keep track of score and how to use their own scoring card in archery. **Class dates: 1/28th – 3/18th**

Thursdays

Dance- Jazz, Funk & Musical Theatre

3rd – 5th grades

3:30 -4:30 p.m.

\$125

Students will explore various styles of jazz dance including: traditional, funk, musical theatre, hip hop, lyrical and improvisation. This class is designed to be accessible, regardless of experience and will teach FUN, coordination, rhythm, strength, flexibility, balance & much more. Missy Ponder- Reston, Meridian parent, has been teaching & choreographing over 20 years. She has worked in colleges, independent private schools, dance studios, and performing arts public schools. Her curriculum is designed for exploration thru professional and her choreography is nationally recognized. **Class dates: 1/29th – 3/19th**

World Dance

K-2 grades

3:30 -4:30 p.m.

\$125

World Dance broadens children's awareness of their global community. In class children experience a variety of music and dance styles that may include traditional Guinean (African), Hip Hop, Irish Step, Brazilian, Hawaiian Hula, Armenian & Greek Folk, Bollywood, Cuban Salsa, American Indian and more. Elements of Creative Dance and Movement are combined with cultural dances in each class. Through developing and strengthening movement skills children build a foundation for their own expression of dance. Stories, books, photos, videos, songs, instruments and dress-up related to the cultural dances being studied are often a part of the children's cultural experience. In addition, World Dance gives back a percentage of profits to Guinea Kids Education Fund to support school children in West Africa. **Class dates: 1/29th - 3/19th**



Winter Play- Pirates of Penzance

3rd – 5th grades

3:30 – 5 :00 p.m.

\$230

See description above.

Fridays

Chess Club w/ Chess Star

All ages

3:30 – 4:30 p.m.

\$120

Students will play chess games, solve chess puzzles, learn chess strategies, and get all the tools to be ahead in the chess game. While playing chess kids learn multitasking skills, improve concentration and pattern recognition. Studies have shown that playing chess regularly improves grades in math related disciplines for young kids. Each class will have time to play games for practice, solve chess puzzles, and instructor will have a chess lesson for 15 minutes. We will have homework available on www.chessplayer.com for interested students. Curriculum created by Elena Donaldson (3x US Women's Chess Champion). **Class dates: 1/30th - 4/3rd.**

Don't Delay- Sign up Today!! Enrichment Class registration begins Monday, Nov. 24th and ends on Tuesday, January 20th . Please register and make payment on the school website

www.meridianschool.edu .

Please remember- All students are invited to participate in the Enrichment classes. Your child(ren) must be enrolled in Extended Day AND sign up with full payment to participate in all Enrichment Classes. Contact Doug Coppinger at 632-7154x308 for more information about Extended Day and Enrichment Classes. Please remember to always sign out your child(ren) when you pick them up from Extended Day.