

## The Meridian School Summer Quest: Group 1, Week 3

# “Journey of Food”

July 6th – July 10th



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7AM-9AM</b>	Extended Day Drop Off	Extended Day Drop Off	Extended Day Drop Off	Extended Day Drop Off	Extended Day Drop Off
<b>9AM-10AM</b>	Snack/ Free Draw Group Welcome	Snack/Circle Activity Field Trip Prep	Snack/ Free Draw Group Games	Snack/Circle Activity Field Trip Prep	Snack/Circle Activity Field Trip Prep
<b>10AM-11AM</b>	Campus Tour  Parachute games	<b>Field Trip!</b>  Biringer Farms Berry Picking in Arlington	Create your own place mat	<b>Field Trip!</b>  Tour of Tutta Bella Neapolitan Pizzeria & Wallingford Park Wading Pool  <b>***BRING A SUIT/TOWEL*</b>	<b>Field Trip!</b>  Morning visit to Mighty O Donuts  Family BBQ Parents, Family, and Friends Join us @ 12pm!!
<b>11AM-12PM</b>	English Muffin Pizzas		Fruit Animals		
<b>12PM-1PM</b>	Lunch Recess		Lunch Recess		
<b>1PM-2PM</b>	Ice cream in a bag		Hummus in a bag		
<b>2PM-3PM</b>	Outdoor games Read Aloud		Outdoor games Read Aloud		
<b>3PM-4PM</b>	Snack Journals Free Choice	Snack Journals Free Choice	Snack Journals Free Choice	Snack Journals Free Choice	Snack Journals Free Choice
<b>4PM-6PM</b>	Extended Day Pick Up	Extended Day Pick Up	Extended Day Pick Up	Extended Day Pick Up	Extended Day Pick Up

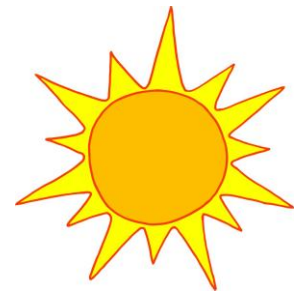
Please let us know if you have any questions!

Thanks,

Austin, Kendra, and Amanda

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...or we will see you in the “Dr. Seuss” room!



Dear Group 1 Families,

Welcome back for the third week of The Meridian School's Summer Quest Program! This week our brave campers will explore their senses, especially taste. **Mondays and Wednesdays we will be in Room 6** in the south annex of the Good Shepard Center. Food week is always a favorite of ours. We will hit sweet and savory notes, making English muffin pizzas, experiencing new foods with a taste test, and much more. **Tuesday we will visit Biringer Farms in Arlington**, picking seasonal berries. **On Thursday we will dine at Tutta Bella**, and on **Friday we will enjoy Mighty O Donuts**, finishing off the day with our first **Family BBQ at Meridian**. Yum!!!

### **Meet the Group 1 Team...**

My name is **Austin**, and I am excited to be a part of group 1! Last year I worked with incoming 1<sup>st</sup> and 2<sup>nd</sup> graders, and led them around the greater Seattle area on memorable field trips and with crafty art projects. I am from Anchorage, Alaska, and have lived in Seattle for three years working with kids. I have worked as a substitute teacher, with middle school after school programs, with adult ESL, and at Meridian for 2 years. I am a soccer player, hiker, biker, and enjoy pottery as well. I love working the summer camp, getting messy, being outdoors, and laughing with kids. It's going to be so fun!

**Kendra:** As a 2006 Meridian Alum, this is her third summer here at Summer Quest! Currently attending Washington State University, majoring in AMDT (Apparel Merchandising Design and Textiles) with a minor in Communications, she one day hopes to be a fashion coordinator. In her free time she enjoys relaxing while watching Netflix, cooking, baking, and spending time outdoors. She is excited to meet all of you kiddos and for a great summer! GO COUGS!

**Amanda** is a fun loving adult who loves to work with children! She has spent the last 5 years working in a youth development/after-school setting, and truly appreciates all ages & stages. Her favorite activities include: playing outside, cooking, arts & crafts, music & walking adventures. She is a Seattle native & proud graduate of Western Washington University.

### **IMPORTANT REMINDERS!!!**

- Note the parent key code for entrance into our building posted in the hallways.
- **Please apply sunscreen** to your child each morning prior to arriving at camp. If you would like them to use a certain brand, send it to camp in their backpack.
- **Comfortable clothing and sensible shoes** are required. We do lots of walking on field trip days. Please NO FLIP FLOPS!
- **Backpacks with a water bottle and sack lunch.** We provide a morning snack at 9am, and afternoons at 3pm.
- **Swimsuit, towel, and water shoes (recommended)** for are needed for days including water activities. This will be noted with stars\*\*\* on our schedule.
- Extended day care is included for Groups 1, 2, and 3 at 7am, and until 6pm.