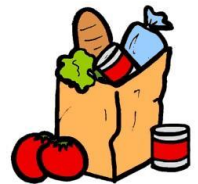




Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/1	1/2	1/3	1/4	1/5
Happy New Year!	AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water PM: ½ Cup Ramen + 1 Cheese Stick	AM: 1 toaster pastry + 1 cup berries + 1C Water PM: ½ Cup Rice + ½ Cup Fruit	AM: ½ C Cereal + ½ cup milk Berries + 1C Water PM: ½ Bagel w/ Cream Cheese + 1/2cup Veggies	AM: ½ C Oatmeal w/ ½C Apples Berries + 1C Water PM: ½ Cup Pretzels +1/2 Cup Apple Sauce
1/8	1/9	1/10	1/11	1/12
AM: ½ Cup Cereal +1/2 Cup Milk PM: 1 Cup Popcorn + ½ Cup Fruit	AM: 1 Breakfast Bar w/ ½ Applesauce +1C Water PM: ½ Cup Yogurt + ½ Cup Fruit	AM: ½C Oatmeal w/ ½C Fruit + 1C Milk PM: ½ Cup Oat Meal + 1/2cup Fruit	AM: ½C Gogurt w/ ½C Fruit PM: ½ Cup Meridian Mix +1/2 Cup Fruit	AM: ½C Cereal W/ ½C Milk PM: ½ Cup Chips + ¼ Cup Salsa



*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45