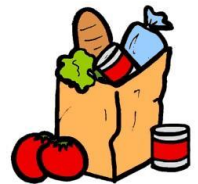




Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/29	1/30	1/31	2/1	2/2
AM: 1 Nutrigrain bar+ ½ Cup Fruit PM: ½ Cup Pretzels +1/2 cup Fruit	AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water PM: 1 slice Toast + Jam + ½ Cup Fruit	AM: Waffles + ½ C Apple Sauce PM: Vegetarian Chili +1/2 cup Veggies	AM: 1C Cereal w/ ½C Milk PM: 4 Ritz Crackers + 1 String Cheese	AM: 1 Breakfast Bar + 1C Water PM: ½ cup Macaroni Salad + 1/2 Cup Fruit
2/3	2/4	2/5	2/6	2/7
AM: ½ cup cereal +1/2 cup milk PM: 3 Chicken Nuggets +1/2 cup Vegetables	AM: 1 Breakfast Bar w/ ½ Applesauce +1C Water PM: ½ Cup Refried Beans + ½ Cup + 1 Table Spoon Cheese	AM: ½C Oatmeal w/ ½C Fruit + 1C Milk PM: Corn Chips + 1 Table Spoon Salsa + ½ Cup Fruit	AM: ½C Gogurt w/ ½C Fruit PM: 2 Gram Crackers + ½ Cup Apples	AM: ½C Cereal W/ ½C Milk PM: Cesar Salad + ½ Cup Fruit



*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45