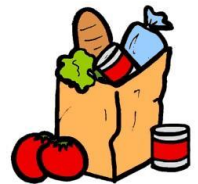




Extended Day Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/15	1/16	1/17	1/19	1/20
MARTIN LUTHER KING DAY	AM: ½ C Oatmeal w/ ½C frozen Blue Berries + 1C Water PM: Frozen Berries +1/2 cup Wheat Crackers	AM: Waffles + ½ C Apple Sauce PM: 1 Hash Brown + 1 table spoon Ketchup + 1 cheese Stick	AM: 1C Cereal w/ ½C Milk PM: 1 Cup rice + ½ cup vegetables	AM: 1 Breakfast Bar + 1C Water PM: 4 crackers + 1 slice cheese
1/23	1/24	1/25	1/26	1/27
AM: ½ cup cereal +1/2 cup milk PM: Cheesy Crackers + ½ cup fruit	AM: 1 Breakfast Bar w/ ½ Applesauce +1C Water PM: 1 Biscuit + 1 table spoon Jam. + ½ cup fruit	AM: ½C Oatmeal w/ ½C Fruit + 1C Milk PM: ½ cup oat meal + 1 Tbl spoon raisins	AM: ½C Gogurt w/ ½C Fruit PM: ½ Cup Pop Corn + ½ Cup Fruit	AM: ½C Cereal W/ ½C Milk PM: 2 Meatballs+1/2 Cup Carrots



*** Meals are subject to change without notice*** **Vegan option available upon request**

AM Snack Served at 7:45 PM Snack Served at 3:00-3:45