



THE
MERIDIAN
SCHOOL

ENRICHMENT

Winter 2023

Once again, it is time for creativity, learning, and fun after school! Our fall enrichment class offerings are detailed in this brochure.

REGISTRATION

Registration will begin on August 8 and will close on September 5. Please visit the [Extended Day webpage](#) and click on the “Fall Enrichment Classes” tab to register.

COST

FT=the per-student cost charged to families enrolled in full-time Extended Day

INT=the per-student cost charged to families enrolled in intermittent Extended Day. Intermittent pricing includes the \$100 daily extended day fee.

QUESTIONS?

Please direct questions regarding class offerings and registration to Extended Day Program Director [Jessica Urdaz-White](#) (x343).

MONDAY (No classes on January 16, February 20 and 27, and March 13)

Winter Crafts with Little Hands Creations

1-5 Grade

Mondays, 3:30-5:00 p.m. Jan 9-Mar 27

Expand your imagination and get creative! This class will explore intensive workshops utilizing a variety of STEAM materials and techniques to deepen our understanding of the fibers and compounds around us! The projects are designed to explore those workshop themes in multiple explorative ways. Workshop themes range from Science Crafting, Book Binding, Fabric Design, Weaving, Wool Felting, Mosaics, Wildlife foraging, Ceramics, and more! This class is designed to explore student's creative minds and teach both beginning and advanced techniques. Students also get to take home a handmade piece of art, that they can be proud of. All supplies included, let's get crafty!

* Please note that LHC policy still requires students to mask for all indoor classes. *

FT=\$235, INT=\$335

Beat Making and Recording Arts with After School Audio

K-1 Grade

Mondays, 3:30-4:30 p.m., Jan 9-Mar 27

Beat Making for Kids is a great way for younger children to have an introduction to songwriting. Playing with a DAW (Digital Audio Workstation) gives kids a "birds-eye-view" of the songwriting process to help them see what makes a song. Kids dive deep into learning rhythmic structure by using gridded pattern sequencers and moving colorful blocks of sound around to craft their own musical masterpieces! This promotes fun musical learning with piano keyboards, buttons & knobs - great for finger dexterity. No prior music experience is required!

FT=\$260, INT=\$360

Chess Club with Orlov Chess Academy

1-5 Grade

Mondays, 4:00-5:00 p.m., Jan 9-Mar 27

Join the chess club! Learn tactics and strategies of chess, solve chess puzzles, play serious, and just-for-fun games! All materials are provided. Just come ready to learn!

FT=\$213, INT=\$313



TUESDAY (No classes on January 17 and February 21)

Beginner Hands Sewing & Crafting with Little Hand Creations

K-2 Grade

Tuesdays, 3:30-5:00 p.m., Jan 10-Mar 14

Does your wardrobe need a little freshening? We've got you covered! Little Hands Creations is excited to debut our brand-new Clothing and Wearables Machine Sewing class!

No experience is necessary for boys and girls to learn the basics and beyond. New students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have.

This class is student-led and they advance at their own pace with autonomy over the projects they choose to create. Camps and classes are designed to teach children both beginning and advanced skills. Projects will rotate each session to include new clothing, seasonal wearables, and our most popular designs. Projects will include Pajama Pants, Fleece hats, Fox scarf, fingerless gloves and so much more! All supplies are included!

* Please note that LHC policy still requires students to mask for all indoor classes. *

FT=\$235, INT=\$353

Actors Toolkit with Seattle Children's Theater

3-5 Grade

Tuesdays, 3:30-5:00 p.m., Jan 10-Mar 14

In this fast-paced class, we'll be learning the fundamentals of acting through energetic theatre games and exercises. We'll tackle every actor: "What's my objective?" From there, we'll explore the tactics involved in achieving said objectives.

FT=\$367, INT=\$467

Drama Quest: Creative Adventure with Seattle Children's Theater

K-2 Grade

Tuesdays, 3:30-5:00 p.m., Jan 10-Mar 14

Travel between three curricula in each class, exploring and creating different aspects of a daily theme—story drama, movement and visual art. In story drama, students build literacy, comprehension, and imaginative play skills as they explore storytelling. In movement, students work to develop individual motor skills, and in visual art they create works of art using a variety of tools.

FT=\$367, INT=\$467

Karate-X Martial Arts with Karate-X

K-5 Grade

Tuesdays, 3:30-4:15 p.m., Jan 10-Mar 14

Join Karate-X this year for awesome classes that are disciplined, challenging and fun! Students will learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! Karate-X has been teaching in the Puget Sound for 20 years, with a Martial Arts program specifically designed for preschool and elementary students. Our professional instructors know how to motivate kids while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. Thousands of kids have enjoyed Karate-X classes and yours will love it too! Sign up now - our classes fill quickly!

FT=\$338, INT=\$438

Ultimate Frisbee

3-5 Grade

Tuesdays and Thursdays, 2/7-5/18, 3:30-4:30

Meridian is excited to announce the formation of an Ultimate Frisbee team for 3rd-5th graders lead by our very own Etri Ajbour! From the beginner to the elite player, ultimate is a terrific sport that offers challenges at all levels of play. Ultimate combines athletic skills, running, catching, and throwing. Additional skills and athleticism beyond that are left up to the player's imagination. Many athletes of other sports find the transition to ultimate both easy and rewarding, as the sport requires many of the same techniques as basketball, soccer, and even lacrosse. Playing ultimate will leave you feeling

FT=\$270, INT=\$370

WEDNESDAY (No classes on January 22)

Machine Sewing with Little Hand Creations

K-2 Grade

Wednesdays, 3:30-5:00 p.m., April 27-June 1

Is there such a thing as too many stuffed animals? Never! Enjoy LHC's fluffiest and stuffiest projects in this new awesome class for machine sewing students. No experience is necessary for boys and girls to learn the basics and beyond. New students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. This class is student-led, and they advance at their own pace with autonomy over the projects they choose to create. Camps and classes are designed to teach children both beginning and advanced skills. Projects will rotate each session to include stuffed bears, the sloth, pillows, sea monsters, and so much more!

Please note that the first class of this session is mandatory. Please contact Chelsea Cook if your child is unable to attend

FT=\$235, INT=\$335



Sports Fanatics with Bricks 4 Kidz

K-5 Grade

Thursdays, 3:30-4:30 p.m., Jan 11-Mar 8

Play Ball! In our Bricks 4 Kidz Sports Fanatics class, our all-star students will be using LEGO® Bricks to create motorized athletes such as soccer players who shoot, hockey skaters that skate, gymnasts that tumble, and much more! Whether it's college football, the Olympics, cheerleading, or professional hockey, students will love all that is in store for them. Go Team LEGO® Bricks!!

FT=\$224, INT=\$324

Digital Music Production with After School Audio

2-5 Grade

Thursdays, 3:30-5:00 p.m., Jan 11-Mar 8

Have you ever wanted to make your own music like the professionals? In this exciting hands-on class, students will dive into music-making the fun way! Using state-of-the-art music production equipment and a digital audio workstation on the computer, these young music producers learn the art of songwriting with their own private in-school digital recording studios - using real instruments & hundreds of software instruments available in just a few clicks! Students will learn the ins & outs of music recording & production, basic music theory, & song part-phrasing, giving them a deep understanding of the music-making process & creating their very own musical masterpiece! No prior music experience required!

FT=\$260, INT=\$360

Winter Wearables Machine Sewing with Little Hands Creations

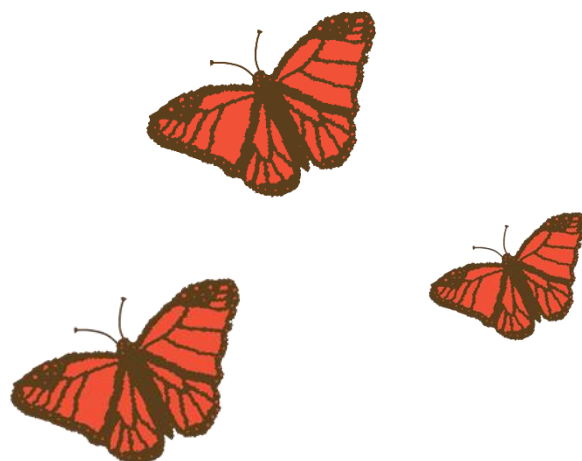
2-5 Grade

Thursdays, 3:30-5:00 p.m., Jan 11-Mar 8

Learn the basics of hand sewing, crafting, and weaving in this class created to introduce our younger students to hand sewing and fiber arts! Boys and girls will learn basic hand-sewing techniques, from threading needles and tying knots to several types of stitches.

New projects rotate each quarter, ranging from embroidery, hand-sewn puppets, accessories, pillows, fiber crafting, and more! This class will build fine motor skills, and finger dexterity, and most importantly, it will give their creative muscles a workout! All supplies included - let's get creative!

FT=\$235, INT=\$335



Creative Coding: Level Up! With Creative Coding

3-5 Grade

Fridays, 3:30-5:00 p.m., Jan 13-Mar 17

We use Scratch, a wonderfully vibrant coding tool developed by MIT that helps bring joy to a coding journey by removing frustrating syntax errors with easy-to-use drag-and-drop coding! We focus on helping teach the kids how to teach themselves and understand that learning how to code is very similar to learning how to problem solve! If you've taken our class before, you'll start day 1 with the freedom to work on whatever project you'd like to in Scratch, with our instructor ready to jump in with helpful hints when necessary. If you're new to coding, we'll walk you through a 3/4 day curriculum that helps explain and teach ALL that Scratch has to offer. That way, by class 4, you'll be ready to join in with the advanced kids in getting to decide what you want to make each week. To supplement this creative freedom, our instructor will show challenge projects every week to help inspire those who need it and demo what Scratch is truly capable of. We ask everyone who attended to bring enthusiasm and a willingness to try new things! We've had students take our classes repeatedly for years, you'd be stunned to discover how rich Scratch can be and how advanced it can become! For more info, visit creativecoding.com.

Class requires reading ability

FT=\$448, INT=\$548

Machine Sewing with Little Hand Creations

K-2 Grade

Fridays, 3:30-5:00 p.m., Jan 13-Mar 17

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